



U.S. MASTERS SWIMMING

Board of Directors Candidate Application Form

Date Submitted Monday, June 17, 2024

Section 1: Candidate Information

Board Position Title

At-Large Director-Northwest Zone

Candidate Name (as on USMS registration)

Robert Heath

Preferred Name

Rob

Preferred Pronouns

He/Him/His

Profile Photo Upload



Rob Heath Photo.jpg

Section 2: Qualification Questions

I am a current USMS member in good standing in this election year.

Yes

I have attended one or more annual meetings in the past five years.

Yes

USMS annual meetings attended in the last 5 years

Year Attended
2023
2022
2021
2020

I plan to attend the Annual Meeting this year.

Yes

I plan to attend all Annual Meetings, Board of Director meetings, and other assigned meetings during my tenure.

Yes

I have the technological capability to fully participate in USMS videoconference meetings.

Yes

For at-large director positions: I am a member of an LMSC within my zone of candidacy.

Yes

Section 3: Nomination and Recommendations

First Nominator and Recommender

Recommender 1: Name

Sandi Rousseau

Second Recommender

Recommender 2: Name

Jim Clemmons

Recommender 2 LMSC or N/A

Snake River

Recommender 1 LMSC

Oregon

Section 4: USMS Background

USMS Permanent Member Number 03JPG

USMS Profile URL <https://www.usms.org/people/03JPG>

Current LMSC Inland Northwest

Years as a USMS Member 21

Service at the LMSC Level

How many years have you served your LMSC?

10+

LMSC Service History

LMSC Position/Committee	Length of Service (Years)
Chair	1
vice chair	2
Equipment Chair, Pacific	8
LMSC HOD Delegate, Pacific	7

Service at the Zone Level

How many years have you served at the Zone level?

1-5

Zone Service History

Zone Position/Committee	Length of Service (Years)
LMSC Chair, Board Member	2

Service at the National Level

How many years have you served at the National level?

10+

National Service History

National Position/Committee	Length of Service (Years)
HOD Delegate	13

Section 5: General Questions for all Candidates

Please state why you are interested in serving on the USMS Board of Directors.

I have been a member of USMS since 2003 and hope to help guide the organization into a successful future based on the ideals and goals of the original founders. Discussing USMS with the children of June Krauser ha given me a unique insight into the early days of USMS. Recognizing that much has changed about USMS since the 70's, the inspiration that so many received to volunteer is something I would like to emulate in furthering my volunteer work for the organization.

What does USMS's mission mean to you? Please share a personal story.

The mission of USMS means that we are here to expand the adult swimming experience at all levels of experience, keeping in mind that the diversity of the opportunities available to us should benefit the entire body, not just through one perspective.

My personal story with USMS began 27 years after my D-1, National Championship experiences. I fell in love with the personal-relationship aspect of the organization, after experiencing the intensity of NCAA D-1 swimming. The competitors enjoy each other's company, thrive in the health benefits of swimming, and value the commitment that these individuals give to the organization. Our volunteers are the backbone of USMS, and need to be treated as such.

What do you consider to be USMS's greatest opportunities for the next 2 to 4 years? How would you advocate for these opportunities on the national board level?

I believe that we need to have a better auditing system for our College Club Swimming graduates. These are the athletes that, once life settles in for them a bit, will represent the biggest area of growth. While expecting them to immediately join USMS after college is not realistic, it is a source well worth tapping into for the long term health of USMS. Historically we have always had our mid range age groups as the largest percentage of our membership. If we can tap into the athletes in their mid-to late 30s more effectively, I believe that will be our best area for growth.

In recent years, many long-time members of USMS have voiced their feelings that the volunteers have not been appreciated as much as years past. I hope to help revive the passion to volunteer, as many of the LMSCs are struggling to fill all positions. When we celebrate and encourage the passion and time they give, the desire to volunteer will be infectious.

Section 6: Position-Specific Questions

What makes you a good candidate for a USMS at-large director? What skills, experiences, and attributes do you have that will contribute to the success of USMS?

We need voices on the board that are good communicators, knowledgeable of the history of USMS, passionate about the sport and the organization, and comfortable enough to speak out for the opposition or support of any idea that the Board is considering.

My 50 years in business, experience as a member on various boards, passion of a life-long swimmer, and 20 years+ membership in USMS gives me the perspective and experience to help guide USMS into a productive future.

Describe a situation where you had to balance your own perspective with input from individuals representing various viewpoints, and how you ensured that all perspectives were considered.

A perfect example was my initial response to the Grown-up swimming acquisition. While initially opposed to it, hearing some of the feedback from individuals supporting it on why the decision was made and re-reading our Mission Statement, I feel now that the program fits nicely into our organization as a stand-alone effort to reach out to adult swimmers and increase the viability of USMS, while offering the benefits that USMS provides.

Section 7: Agreements and Submission

Election Operating Guidelines Accepted

Board Standards Accepted

Conflict of Interest Policy and Questionnaire Accepted

Code of Conduct Accepted

Unsporting Conduct Accepted

Attestation Accepted

Consent to Publish

Accepted

Consent to Run

Accepted

Signature

A handwritten signature in black ink, appearing to read "R. Heath". The signature is written in a cursive style with a large, stylized "R" and a distinct "H".

Date Signed

Monday, June 17, 2024



U.S. MASTERS SWIMMING

Board of Directors Nomination/Recommendation Form

Submitted on

Tuesday, June 18, 2024

Section 1: Nominator/Recommender Information

Name Sandi Rousseau

LMSC or N/A Oregon

Zone or N/A Northwest

USMS Permanent Member Number 025UJ

Section 2: Candidate Information

Board Position Title At-Large Director-Northwest Zone

Candidate Name (as on their USMS registration) Robert Heath

Section 3: Nomination & Recommendation

How do you know the candidate?

Rob is a member of the USMS Championship Committee and I have worked with him on a subcommittee within this committee. He is also a member of the Northwest Zone and participates in quarterly Zone meetings.

What makes this person a good candidate for this position? What skills, experiences, or attributes do they bring that will contribute to the success of USMS in this role?

It is my privilege to nominate and recommend Rob Heath for the U.S. Masters At-Large Director – Northwest Zone.

Rob has been heavily involved in Masters swimming since 2003. Starting at the local and club level, he became a level 3 coach in 2011 and has been a long time volunteer with Pacific and Inland Northwest LMSCs. He is engaged with USMS and has ideas that improve the operation of the organization for Masters swimmers everywhere. He follows through on his ideas working with teams of people to see them through implementation.

Rob is a small business owner and possesses first-hand knowledge of how to run a business successfully. He has experience implementing policies as well as balancing the needs and desires of all constituents in a fair and balanced manner.

Rob is a good listener and willing to hear all viewpoints. I have observed his interactions and contributions

on the Championship Committee and at Zone meetings, and he has demonstrated the ability to delve into discussions, question the possible implications of actions, and look for what is best for our organization. He is not afraid to ask for explanations and background information, and these are characteristics that will be beneficial to our Board of Directors. Rob is a team player and can build consensus with rational and productive discussions about topics.

He has a love and concern for Masters swimming and realizes that decisions made at the Board level can impact local programs. He has never faltered in his support of USMS programs at all levels. Rob is an ambassador for our sport and has the best interests of Masters swimmers at heart. He has concern for the experiences that both competitive and non-competitive swimmers in Masters swimming are having.

Rob is a valuable contributor to USMS and would be an asset in a position in which he can help guide the future of USMS. He is a passionate promoter of USMS and will serve our members well on the Board of Directors.

Section 4: Agreements & Submission

Nominator/First Recommender

Accepted

Attestation

Accepted

Consent to Publish

Accepted

Signature

A handwritten signature in black ink that reads "S Rousseau". The letter "S" is large and stylized, followed by the name "Rousseau" in a cursive script.

Date Signed

Tuesday, June 18, 2024



U.S. MASTERS SWIMMING

Board of Directors Nomination/Recommendation Form

Submitted on

Wednesday, June 19, 2024

Section 1: Nominator/Recommender Information

Name

Jim Clemmons

LMSC or N/A

Snake River

Zone or N/A

Northwest

USMS Permanent Member Number

03F93

Section 2: Candidate Information

Board Position Title

At-Large Director-Northwest Zone

Candidate Name (as on their USMS registration)

Robert Heath

Section 3: Nomination & Recommendation

How do you know the candidate?

I've known Rob since he was an AAU age group swimmer at Piedmont (CA) Swim Team in 1973. I helped coach him there and we stayed in touch while he attended college at USC. We bumped into each other at a USMS meet in Northern California and I convinced him to join the club I was swimming with at that time, Manatees, in Oakland CA where we were teammates for 15 years. By then he was helping with coaching duties for the team.

What makes this person a good candidate for this position? What skills, experiences, or attributes do they bring that will contribute to the success of USMS in this role?

Rob is very passionate about swimming, coaching and the health of USMS. He strives for success and wants to assist USMS maintain its role as the number one source for adult swimming. He will faithfully represent the membership in the role of at-Large Director from the Northwest Zone.

Section 4: Agreements & Submission

Second Recommender

Accepted

Attestation

Accepted

Consent to Publish

Accepted

Signature

A handwritten signature in black ink, appearing to be 'Johnathan', written in a cursive style.

Date Signed

Wednesday, June 19, 2024